

Recipe Card

Cook: 30mins

Prep: 5mins

Total: 35mins

INGREDIENTS:

- ☐ 1.5 cups Tart Cherry Juice.....
- ☐ 1 cup Antioxidant Juice (Aldi).....
- ☐ 3.5 TBSP Beef Gelatin.....
- ☐ 2 TBSP Maple Syrup.....
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DIRECTIONS:

Pour juice into saucepan. Sprinkle beef gelatin over and let bloom for a few minutes. Heat over low-medium heat stirring constantly until gelatin is fully dissolved. Add maple syrup and stir to incorporate. Pour into silicone mold and refrigerated until set. For faster setting, place in freezer for 20-30mins.

Cut and eat!

Store leftovers in the refrigerator.



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